

## Studies in Biblical Nutrition

### Lesson Three - “The New World” Diet Under Noah

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**Gen 9:3-4** Every moving thing that liveth shall be meat for you; even as the green herb have I given you all things. 4 But flesh with the life thereof, which is the blood thereof, shall ye not eat.

This verse which is found immediately after Noah and his family came out of the ark following the global destruction, indicates that God instituted a radical change in man's diet, the original vegetarian diet carried over from Eden on the old world, to a carnivorous diet on the new world. God-fearing men would never eat the same again.

I want to notice a few initial observations, and then study the Noahic Diet in more detail.

#### **1). Man's life-span had previously been limited to 120 years.**

There was a population explosion in Genesis 6, and particular attention is paid in the Bible to the fact of the multiplication of evil people on the earth. God at that time decided to limit the human lifespan to 120 years.

**Gen 6:3** And the LORD said, My spirit shall not always strive with man, for that he also *is* flesh: yet his days shall be an hundred and twenty years.

Longevity is not determined by what we do, but by the plan of God. This aspect of things is often missed, and God is left out of the equation, and we assume that we can lengthen our lifespan through eating, vitamins, medicine or other means. Ultimately God is in control of all things, and human longevity is one area which he Sovereignly controls. This is actually a very strong proof for the existence of God, because man has been trying to extend his life for thousands of years. And while some people may live a few years longer, by the grace of God, most people die well within God's divinely established parameters.

#### **2). There is evidence of meat-eating before the flood, but only in the ungodly people groups, which were descended from Cain.**

**Gen 4:20** And Adah bare Jabal: he was the father of such as dwell in tents, and of such as have cattle.

Cattle were raised for one primary purpose...meat. Now it is true that clothes and other useful stuff could be made from them. But the main reason for raising them is as a food source. While the evidence suggest that only pagan people, ate meat, the Bible is actually kind of silent on whether people of faith ate it as well. Some have suggested that Abel's offering from his flock suggests that he raised sheep for meat. That may or may not be the case. Whatever the case may be, we do know this:

### **3). Noah was told to bring extra quantities of clean animals into the ark.**

**Gen 7:2-3** Of every clean beast thou shalt take to thee by sevens, the male and his female: and of beasts that *are* not clean by two, the male and his female.  
3 Of fowls also of the air by sevens, the male and the female; to keep seed alive upon the face of all the earth.

At some point, although it is not recorded, God must have told men that certain animals were to be considered as clean, and certain other animals were to be regarded as unclean. Noah knew and distinguished between clean and unclean animals. This does not in itself prove that God's people were eating meat before the flood. The clean and unclean designation extended to other matters beside just what to eat. Unclean animals were not even supposed to be touched. Whatever the case, Noah apparently knew which animals were clean, and God commanded him to bring them into the ark by sevens and not just in pairs like the other species.

The extra clean animals brought into the ark, however, were not eaten on the ark. God told Noah what to eat while on the ark.

**Gen 6:21** And take thou unto thee of all food that is eaten, and thou shalt gather *it* to thee; and it shall be for food for thee, and for them.

The food Noah brought on the ark was for the humans as well as for the animals. The acceptable food specifications which we have prior to this are found in Genesis 1 -3 but particularly:

**Gen 1:29** And God said, Behold, I have given you every herb bearing seed, which *is* upon the face of all the earth, and every tree, in the which *is* the fruit of a tree yielding seed; to you it shall be for meat.

We would conclude from this, by comparing it with Gen. 9:3-4, that Noah and His family did not eat meat, either on the ark, or prior to entering the ark. They did not become carnivores, until God commanded them to eat a new kind diet on a new world, and until he confirmed that clean meats were to be consumed by humans to sustain human life and meet mans nutritional needs on a vastly

different world.

## **1. The Importance of the Flood in Genesis 7**

The Genesis flood account, preserved for us, by God in Genesis 7 is the record of the total annihilation and destruction of the earth. It was a global cataclysm.

**Gen 6:5-8** And GOD saw that the wickedness of man *was* great in the earth, and *that* every imagination of the thoughts of his heart *was* only evil continually. 6 And it repented the LORD that he had made man on the earth, and it grieved him at his heart. 7 And the LORD said, I will destroy man whom I have created from the face of the earth; both man, and beast, and the creeping thing, and the fowls of the air; for it repenteth me that I have made them. 8 But Noah found grace in the eyes of the LORD.

**Gen 6:12-13** And God looked upon the earth, and, behold, it was corrupt; for all flesh had corrupted his way upon the earth. 13 And God said unto Noah, The end of all flesh is come before me; for the earth is filled with violence through them; and, behold, I will destroy them with the earth.

**Gen 7:4** For yet seven days, and I will cause it to rain upon the earth forty days and forty nights; and every living substance that I have made will I destroy from off the face of the earth.

These passages describes what God was going to do in the near future.

And these verses describes what He actually did when the Genesis flood came.

**Gen 7:11-12** In the six hundredth year of Noah's life, in the second month, the seventeenth day of the month, the same day were all the fountains of the great deep broken up, and the windows of heaven were opened. 12 And the rain was upon the earth forty days and forty nights.

**Gen 7:17-24** And the flood was forty days upon the earth; and the waters increased, and bare up the ark, and it was lift up above the earth. 18 And the waters prevailed, and were increased greatly upon the earth; and the ark went upon the face of the waters. 19 And the waters prevailed exceedingly upon the earth; and all the high hills, that *were* under the whole heaven, were covered. 20 Fifteen cubits upward did the waters prevail; and the mountains were covered. 21 And all flesh died that moved upon the earth, both of fowl, and of cattle, and of beast, and of every creeping thing that creepeth upon the earth, and every man: 22 All in whose nostrils *was* the breath of life, of all that *was* in the dry *land*, died. 23 And every living substance was destroyed which was upon the face of the ground, both man, and cattle, and the creeping things, and the fowl of the heaven; and they were destroyed

from the earth: and Noah only remained *alive*, and they that *were* with him in the ark. 24 And the waters prevailed upon the earth an hundred and fifty days.

These verses show plainly the extreme nature of this cataclysmic judgment from God. God wiped out an entire world, and in the process He formed it into a completely different kind of world on which life could begin again.

## **2 Old World / New World - Compared and Contrasted**



This chart shows some comparisons and differences between the original earth (where the garden of Eden was located), and the new earth (which was revealed after the waters of the flood receded). The differences are so radical, that the world is barely recognizable in it's new form.

### **A. The Primordial (Pre-Deluvian) World**

We spent some time on this in lesson two, so you might want to go back and refresh your memory and look at the charts that are there. Here are some important elements in that world, which are not found in our present world.

- \* A Vast and Dense Global Upper-Atmospheric Canopy of Water, suspended above the breathable atmosphere which is called the firmament.  
Genesis 1:6-9
- \* A World-wide Temperate Climate moderated by the global greenhouse effect, from the vapor canopy. No Icy Polar regions. No extremes of weather. No

high and Low barometric pressure zones.

- \* No Rain Gen. 2:5 cf Gen. 7:4
- \* No Wind Gen. 8:1
- \* No Ultraviolet Radiation and Cosmic Radiation able to penetrate earth's special, thick, protective canopy of water, which surrounded the entire planet.
- \* Different soil structure and composition.

### **Eden Was A Soil-less Garden**

*We did not discuss this in the prior articles, but today, the worlds soils are largely composed of decaying and dead organic matter. Humus, leaf litter, worm casings, micro-biotic organisms, dead animals and even single-celled creatures, along with various anaerobic and aerobic bacteria, these form our loams and topsoil.*

*The absence of death before the fall, meant that the soils on earth did not contain dead organisms. God created the whole world alive, and without death (see my article on the Science and Bible page of my website titled: ["Did Death Exist Before The Fall of man?"](#)). If this is true, then the organic waste material in our current soil structure was non-existent in Eden, and only came later, as the result of sin and death entering the world. Earths earliest soils were non-organic sands, whose purpose was not plant nutrition, but plant anchoring. Genesis 2:9 uses the word "ground" which could also be translated soil, but "ground" is better because the idea is that of a medium for grounding or rooting plants. Adam was taken from the same "ground and God called it "dust", thus indicating that it had a far different texture than what we normally think of as "soil"(cf.Gen. 2:7; 3:19).*

*The original nutrition for the garden was a hydroponic nutrient solution. The plants grew without the need for soil. Eden was fed by an underground geological hydroponic plumbing system, delivering a perfect nutrient solution in mist form (Gen. 2:6), to every plant, both roots, and leaves. Eden was a soil-less garden. This is radically different than our current soil-based agriculture, and it is vitally important to understand, because many diseases, sicknesses and forms of death are delivered through our contaminated soils. This was non-existent in Eden, and did not appear until after the fall, when Adam became a tiller of the soil (Gen. 2:3; 3:19,23). Tilling involves mixing plant remains and organic wastes into the soil to mix it, fertilize it and create tilth. This was never done in Eden.*

The list I have just given you is not meant to exhaust all the radically different components that God put in the Old World. There are many other things. My purpose is only to point out some of the more important differences. Now I want to show you how radically things changed.

## 2. The Current (Post-Deluvian) World

I'm sure that by seeing the radically different elements, which I pointed out above, you already realize that our world is far different. So this list is not exhaustive either, but is only suggestive, and specifically I want to point out some differences and contrasts in the area of nutrition and health, since that is what we are really studying. I've already indicated the impossibility of going back to an Edenic Diet in search of health and life extension. But here I will show you why it's impossible.

- \* Today we have a death based, open system on our planet. Thousands of factors affect health and nutrition, and conditions vary widely from place to place. If you live in the world's breadbasket (USA), you might easily forget that the bulk of the world's people live in mal-nourished disease ridden countries. Agriculture is not self-sustaining, self-fertilizing, self-irrigating and self-perpetuating, like it was on the first earth.
- \* Today we have no protective canopy above the earth. Not only are we exposed to all kinds of harmful radiation and microwaves from outer space, but we are actually bombarded by these forces constantly. Science has shown how everything from global weather, to volcanic eruptions and earthquakes, are caused from sun-spots, and magnetic pulses and radio fields from outer space. The primordial earth had a built in layer of protection which is entirely missing today. Scientists are concerned about holes in our ozone layer, but what they do not realize is that an entire overhead ocean is missing from this planet, which was originally there. The current global warming scare is nothing compared to the ice-ages, tectonic upheavals, continental migrations, pole shifting and complete devastation which resulted from the flood.
- \* Today our soils have been leached and polluted at the same time. The primal earth, in all its perfection, no longer exists, and perhaps no area shows more damage from the flood, than does our soils. Our life, comes ultimately from the life of our soils, because no matter how you feed yourself (vegetarian, carnivore, or omnivore) ultimately whatever you put in your mouth came from the earth. That is unless you eat a completely laboratory synthesized and processed chemical diet. Otherwise, food...all food...springs from the soil.

## **Problems With Earth's Soils**

*The problem of agriculture today is very serious. There are only two alternatives... organic based, or chemical based agriculture. Both systems seek to address the same systemic problems with our soils.*

- 1) All soils requires supplemental fertilization for continued agriculture. The need for supplemental fertilization shows how severely they have been leached of essential nutrients and minerals.*
- 2) The soils that produce our crops are filled with things that hinder the crops that we are trying to grow. The fight against weeds, fungus and pests is constant, and is everywhere.*
- 3) The soil itself spreads diseases, and in some cases, even death, because it is polluted and contaminated everywhere it is found. Things rot in our soils. Greenhouse growers recognize this and sterilize all of their soils with high heat. But it is impossible to do this on acreage, and sterilization also kills beneficial microbes, worms as well as nematodes. Sterilization also destroys soil tilth.*

*Science recognizes the seriousness of these problems, so chemists devise chemical solutions mixing nitrogen, phosphates, potash, various minerals and trace elements, to try to provide what plants need to grow and produce crops. Those who take the organic approach, try to accomplish the same task by spreading manures, composts, biodynamic agents, beneficial microbes, worms and helpful insects on their fields. There are similar chemical and organic alternatives for pest control, weed control and so on.*

*The point here, is that earths current soils are incredibly deficient and contaminated. Even the best agricultural programs, administered under the best of conditions available in today's world, are nothing compared to earths original breadbasket (Eden).*

*Today, even the most carefully grown crops, yield only incomplete proteins, fruits, vegetables, seeds and nuts that are deficient in the nutrient blend, and micronutrients found in man's original diet on the original earth. That's why God has repeatedly changed, modified and restructured the human diet, throughout the thousands of years of Biblical History. When God added meat to man's diet in Gen. 9:3-4, it was because He knew all about the soil problems, which are one of the side-effects of the Flood. He caused it! He ought to know. God knows what He is doing, and what He has done, and all the side-effects, ramifications and implications for life and well-being. We simply need to listen to Him and obey. That is our job, not to try and improve what He says, or come up with a better way! God's way is best, because it is based on His perfect knowledge of all variables.*

### **3. Dietary Misconceptions and Biblical Food Regulations**

Unlike other areas of the Bible, where you are free to decide for yourself; in the matter of food, God removes your freedom, and tells you what to eat, or what not to eat, by issuing explicit commands. I think this important. Especially when you come to the age of grace...the New Testament...where God brings his people out from legalistic restrictionism, and into full Grace, and into the liberty of believer priesthood. We are no longer under Laws, but under Christ, under grace, and under the direct supervision of the Holy Spirit. So why did God issue so many commands about food in the Bible? And what relevance do they have to today?

I think that I can best answer these questions, and wrap up this chapter with a few observations about the common misconceptions surrounding the Bible dietary regulations.

This chapter was about Genesis 9:3-4, where God commanded Noah and his family to eat meat for food. These verses cause the vegans to vibrate and froth. And many so-called Bible-believing groups, like the Adventists, also have problems with the idea of killing animals for human food. They advocate vegetarianism, in spite of this passage, and thus they either deny it, or explain away God's clear command to Noah. This is simply unacceptable, because it trivializes God, it minimizes his word, and it postulates that we know more than Him. Well we don't.

But eating is a sensitive and personal issue, and many things enter into our decision of what to cook for supper, or whether to eat supper at all. And over the years I have seen constant misconceptions, poor judgment, and false doctrines promoted over what the Bible says about diets and eating. Here are a few of the essential facts, that everyone needs to get clear, and please note: THESE MAY UPSET YOU, AND MAY NOT BE POLITICALLY CORRECT! But you need to comply, and realign your thinking to accommodate these ideas, because they are facts straight from the Bible. These are not isolated or obscure facts. These are prominent and repeatedly stated facts that every Christian should know. If you know them, then you will never question why God added meat to the human diet in Genesis 9, or anything else that God says about eating.

#### **1. You are not what you eat!**

The old adage, "you are what you eat", is nothing but a lie. Yet, most people readily embrace and assume that it is true. Jesus proved in one sentence that what you are is not determined by what you eat. Hear Him:



**Mat 15:10-11** And he called the multitude, and said unto them, Hear, and understand: 11 Not that which goeth into the mouth defileth a man; but that which cometh out of the mouth, this defileth a man.

What you eat does not determine what you are. An example of this fallacious reasoning that comes to mind, is the people who think eating eggs makes your cholesterol high. This fallacy has been disproved many times. Even if you never eat an egg, your body manufactures it's own Cholesterol! What you eat does not determine what you are. I knew a man who never ate sugar refined carbohydrates, or flour, and he still got severe diabetes. I've known people who ate spinach every day and developed severe anemia (iron deficiency). I've known avid milk drinkers who had severe calcium deficiencies. I've know vitamin poppers who had vitamin deficiencies. I've known meat eaters who had protein deficiencies, and I've known vegetarians who had protein levels so high they excreted protein in their urine. The truth is, that what you eat has little, or nothing at all, to do with what you are. You are the sum total of many things, but diet is only one tiny part of the whole.

## **2. What you eat, or do not eat, does not cause your diseases and ailments.**

We never read things in the Bible like..."this mans arthritis came because he did not eat enough broccolli"! Or , "This woman had an issue of blood, because she ate too much vitamin E". Or, "Eat turnips and you will not have gout". Statements linking foods to specific conditions are almost completely absent in the Bible. But most modern health guides and diet book are based entirely upon these very concepts. The idea that sicknesses and diseases are caused by what we eat, or fail to eat, is big business, and it creates an endless stream of income for it's proponents, but it has little or no relation to what God says in His Word, and God is the ultimate authority.

Fasting seems to shred this notion to pieces, because here is somebody, not eating anything, and they get healthier. They develop more stamina, or improve their health. Other people fasting, have developed strange and serious illnesses, while eating nothing. I read about a women who was never sick, who went to a supervised fasting sanitarium, and developed multiple sclerosis while fasting. I personally know of a person, a family member of mine, who developed Lupus while on a supervised fast...eating no food at all.

I am not saying that what we eat or do not eat has no effect on our organic systems. Obviously if you eat poison, you will get sick and perhaps die. If you don't eat some sources of vitamin C you will probably get scurvy. These associations, and others have been documented. I'm not saying that there are no associations between food and health, I'm saying that from a Bible perspective, there are very few specific associations and recommendations.

There are lists of clean and unclean food, but they say little about specific diseases or illnesses caused by eating the wrong stuff. The connections and associations between specific foods and specific diseases, is difficult to quantify and verify, because in living organic systems like the human body, there are millions of interconnected chemicals, processes, elements and environmental associations.

I spent a lot of time recently studying “The China Study” by T. Colin Cambell PHD, which is supposedly one of the biggest nutrition studies ever conducted, trying to link specific foods and eating patterns with specific conditions. Actually it is a misnomer to call this a scientific study at all, because there were absolutely no scientific double blind studies done at all in connection with this book. The so-called China study is simply a compilation of surveys, disease information and mortality statistics, compiled into in a huge county by county study in China, examining many factors, and trying to pin specific dietary patterns to specific diseases. The whole massive undertaking was then interpreted by Dr. Cambell, who is extremely prejudiced against meat eating, and who interpreted all the results through his own rose colored vegetarian glasses. This is far from an objective study, and it is by no means scientific. There are numerous glaring discrepancies in Dr. Cambell’s interpretation of the actual facts. (For some excellent critiques of the flaws in the China study visit <http://www.cholesterol-and-health.com/China-Study.html> and <http://rawfoodsos.com/2010/08/06/final-china-study-response-html/> and <http://rawfoodsos.com/2010/07/07/the-china-study-fact-or-fallac/> and the Blog of Dr Michael Eades at <http://www.proteinpower.com/drmike/cancer/the-china-study-vs-the-china-study/>) When millions of individual and interrelated factors enter into the relationship between foods and diseases, it is far too simplistic to try to pin specific conditions to specific dietary trends and habits, especially in the absence of strict scientific double blind protocols.

Now here’s why what you eat or do not eat is not the cause of your ailments and diseases. And these may, or may not, agree with the wisdom of the world, or with secular science, but who cares? This is what the Bible says..

**\* Health comes from God and from Faith and Obedience to His Word.**

**Exo 23:25** And ye shall serve the LORD your God, and he shall bless thy bread, and thy water; and I will take sickness away from the midst of thee.

**Deu 7:11,15** Thou shalt therefore keep the commandments, and the statutes, and the judgments, which I command thee this day, to do them...15 And the LORD will take away from thee all sickness, and will put none of the evil diseases of Egypt, which thou knowest, upon thee; but will lay them upon all *them* that hate thee.

**Deu 28:58-61** If thou wilt not observe to do all the words of this law that are written in this book, that thou mayest fear this glorious and fearful name, THE LORD THY GOD; 59 Then the LORD will make thy plagues wonderful, and the plagues of thy seed, *even* great plagues, and of long continuance, and sore sicknesses, and of long continuance. 60 Moreover he will bring upon thee all the diseases of Egypt, which thou wast afraid of; and they shall cleave unto thee. 61 Also every sickness, and every plague, which *is* not written in the book of this law, them will the LORD bring upon thee, until thou be destroyed.

**Pro 3:1-2** My son, forget not my law; but let thine heart keep my commandments: 2 For length of days, and long life, and peace, shall they add to thee.

**Pro 3:5-8** Trust in the LORD with all thine heart; and lean not unto thine own understanding. 6 In all thy ways acknowledge him, and he shall direct thy paths. 7 Be not wise in thine own eyes: fear the LORD, and depart from evil. 8 It shall be health to thy navel, and marrow to thy bones.

**Pro 4:20-22** My son, attend to my words; incline thine ear unto my sayings. 21 Let them not depart from thine eyes; keep them in the midst of thine heart. 22 For they are life unto those that find them, and health to all their flesh.

**3Jn 1:2-4** Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. 3 For I rejoiced greatly, when the brethren came and testified of the truth that is in thee, even as thou walkest in the truth. 4 I have no greater joy than to hear that my children walk in truth.

**\* Sickness and death is caused by sin.**

**Gen 2:17** But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.

**1Ki 8:36-39** Then hear thou in heaven, and forgive the sin of thy servants, and of thy people Israel, that thou teach them the good way wherein they should walk, and give rain upon thy land, which thou hast given to thy people for an inheritance. 37 If there be in the land famine, if there be pestilence, blasting, mildew, locust, *or* if there be caterpillar; if their enemy besiege them in the land of their cities; whatsoever plague, whatsoever sickness there be; 38 What prayer and supplication soever be *made* by any man, *or* by all thy people Israel, which shall know every man the plague of his own heart, and spread forth his hands toward this house: 39 Then hear thou in heaven thy dwelling place, and forgive, and do, and give to every man according to his ways, whose heart thou knowest; (for thou, *even* thou only, knowest the

hearts of all the children of men;)

**2Ch 6:26-30** When the heaven is shut up, and there is no rain, because they have sinned against thee; yet if they pray toward this place, and confess thy name, and turn from their sin, when thou dost afflict them; 27 Then hear thou from heaven, and forgive the sin of thy servants, and of thy people Israel, when thou hast taught them the good way, wherein they should walk; and send rain upon thy land, which thou hast given unto thy people for an inheritance. 28 If there be dearth in the land, if there be pestilence, if there be blasting, or mildew, locusts, or caterpillars; if their enemies besiege them in the cities of their land; whatsoever sore or whatsoever sickness there be: 29 *Then* what prayer or what supplication soever shall be made of any man, or of all thy people Israel, when every one shall know his own sore and his own grief, and shall spread forth his hands in this house: 30 Then hear thou from heaven thy dwelling place, and forgive, and render unto every man according unto all his ways, whose heart thou knowest; (for thou only knowest the hearts of the children of men:)

**Rom 5:12** Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned:

**Rom 6:16,23** Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness? 23 For the wages of sin *is* death; but the gift of God *is* eternal life through Jesus Christ our Lord.

**Jas 5:14-15** Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: 15 And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him.

**\* Sickness and death, along with health and longevity, are determined solely by God and not by man.**

**Deu 30:20** That thou mayest love the LORD thy God, *and* that thou mayest obey his voice, and that thou mayest cleave unto him: for he is thy life, and the length of thy days: that thou mayest dwell in the land which the LORD sware unto thy fathers, to Abraham, to Isaac, and to Jacob, to give them.

**Job 7:1** *Is there not an appointed time to man upon earth? are not* his days also like the days of an hireling?

**Job 12:10** In whose hand *is* the soul of every living thing, and the breath of all mankind.

**Job 14:1, 5** Man *that is* born of a woman *is* of few days, and full of trouble. 5 Seeing his days are determined, the number of his months are with thee, thou hast appointed his bounds that he cannot pass;

**Job 14:14-16** If a man die, shall he live *again*? all the days of my appointed time will I wait, till my change come. 15 Thou shalt call, and I will answer thee: thou wilt have a desire to the work of thine hands. 16 For now thou numberest my steps: dost thou not watch over my sin?

**Job 21:21** For what pleasure *hath* he in his house after him, when the number of his months is cut off in the midst?

**Job 30:23** For I know *that* thou wilt bring me to death, and *to* the house appointed for all living.

**Psa 39:4** LORD, make me to know mine end, and the measure of my days, what it *is*; *that* I may know how frail I *am*.

**Psa 89:48** What man *is he that* liveth, and shall not see death? shall he deliver his soul from the hand of the grave? Selah.

**Pro 3:1-2** My son, forget not my law; but let thine heart keep my commandments: 2 For length of days, and long life, and peace, shall they add to thee.

**Ecc 3:20** All go unto one place; all are of the dust, and all turn to dust again.

**Dan 5:26,30** This *is* the interpretation of the thing: MENE; God hath numbered thy kingdom, and finished it... 30 In that night was Belshazzar the king of the Chaldeans slain.

**Dan 11:36** And the king shall do according to his will; and he shall exalt himself, and magnify himself above every god, and shall speak marvellous things against the God of gods, and shall prosper till the indignation be accomplished: for that that is determined shall be done.

**Luk 12:20** But God said unto him, *Thou* fool, this night thy soul shall be required of thee: then whose shall those things be, which thou hast provided?

**Heb 9:27** And as it is appointed unto men once to die, but after this the judgment:

## **Conclusion:**

The original diet of Eden, was perfect in every respect, and could have sustained human life forever. But due to the judgment flood of Genesis 7, no diet is currently capable of sustaining eternal life. God made sure that the tree of life is no longer available to men on earth. What we eat can no longer give us immortality. There is no fountain of youth, and only Christ who is the "Bread of Life" can now give us Eternal Life. We will all die physically, no matter what food we eat.

I know that the dietary quacks, kooks, and fanatics will not like these words but their self deception makes them ignorant of the truth. You will die no matter what you eat. You will die despite your best dietary regimes. You will die if you eat pork. You will die if you never allow a slab of bacon to touch your lips. You will die if you are a vegan, and you will die if you are a carnivore. You will die if you eat gruel and porridge, and you will die if you feast at a kings banqueting table. Food is not God's provision for Eternal Life. Christ Is!

God has limited man's life on earth to the 70 year range (Psalm 90:10). Some people live slightly longer and some die young. But controlling the limits of your life, is not in your power. Death is an appointment (Heb. 9:27), and it is God who hold the "keys of death" (Rev. 1:18). We do not control God's appointment book, and neither does our theories about eating. Eating cannot add even a fraction of one second to your life. Food does not Kill you...Sin Does! Nor does it make you alive...God Does! If God is not the center of your thoughts about this stuff, then your thinking is wrong.

So when you read how God added meat to Noah's diet, know and understand this...He did not do it because it would increase Noah's life. He did it because He knew what was best according to the new conditions of the earth. Our response should always be to recognize the Glory and Wisdom of God, and to submit unquestioningly to His Infinite Authority. We are the ones who bow and say only three words...THANK YOU LORD!